

COLLABORATIVE
**FUTURES
ACADEMY**



Emotions
in
Engagement

ONLINE
21 - 23 MAY 2024

**Full
Programme**

WELCOME TO CFA'24

A very warm welcome to the Collaborative Futures Academy 2024! You are joining a group of over 50 participants, hosts, contributors and supporters from 18 countries. We work in fields from Political Science to Chemical Engineering, from Science Education to Public Health; we are researchers, practitioners and facilitators. Over 3 days in May, we will bring together our stories, energies, skills and questions to explore the role of emotions in Public Engagement with research.

The Collaborative Futures Academy is a confidential learning space. You will be meeting wonderful people from different backgrounds and contexts, and you have the opportunity to share, discuss, question and experiment. Make the CFA yours, but be mindful of others and their experiences. We invite you to come with an open heart and mind, and to bring respect and care to all your interactions.

We are excited to meet you!

PRACTICALITIES

All times in this programme and throughout CFA are British Summer Time (BST), which is Universal Coordinated Time (UTC)+1.

All our sessions will take place on Zoom, on the following link:

<https://zoom.us/j/93681367752?pwd=S2VMd21pLzBERUkvY2tIMDBNUVN5UT09>

Meeting-ID: 936 8136 7752

Password: Emotions

We will be working with a Miro Space as an online collaboration tool, which you can access here:

<https://miro.com/app/board/uXjVKR8VDbl=/>

BEFORE THE START OF CFA

Before we meet, there are a few things to do and look at - please see the briefing email for more details.

- Introduce yourself on Miro
- Add to our community Code of Conduct on Miro
- Sign up for the Workshops on 22 May (more on this on page 11)

PROGRAMME OVERVIEW

Our live online sessions run from 9.30 to 15.30 BST each day.

TUESDAY 21 MAY

- 9.30 WELCOME TO CFA'24
- 10.00 OUR SHARED SPACE:
COMMUNITY CODE OF CONDUCT
AND GRAPHIC HARVEST
- 11.00 "THE AGE OF THE HEART":
PERSONAL STORIES
- 12.00 LUNCH BREAK
- 13.00 RESEARCH INSIGHTS
- 14.30 COGNITION AND EMOTIONS:
OUR EXPERIENCES
- 15.30 END

WEDNESDAY 22 MAY

- 9.30 INTRODUCTION TO THE DAY
- 9.45 CULTURES OF CARE:
CASE STUDY INTRODUCTIONS
- 11.00 CULTURES OF CARE:
CASE STUDY CONVERSATIONS
- 12.00 LUNCH BREAK
- 13.00 REFLECTION AND HARVESTING
- 13.30 CHOICE OF CREATIVE WORKSHOPS
- 15.30 END

THURSDAY 23 MAY

- 9.30 INTRODUCTION TO THE DAY
- 9.45 MEANINGFUL CONVERSATIONS:
TRUST AND EMOTIONS
- 11.00 MEANINGFUL CONVERSATIONS:
RELATIONAL MEETINGS
- 12.00 LUNCH BREAK
- 13.00 FORUM THEATRE
- 15.00 HARVEST AND CLOSE
- 15.30 END

OPTIONAL POST-ACADEMY OFFERS

3-6 June 2024: Various times

Individual mentoring with members of the CFA
Programme team

3 July 2024, 9.30 - 11.30:

Action Learning Session

Save the dates! More details will be announced
at the beginning of the Academy.

Tuesday 21 May



CONNECTING TO EMOTIONS

- | | |
|-------|---|
| 9.30 | WELCOME TO CFA'24 |
| 10.00 | OUR SHARED SPACE: COMMUNITY CODE OF CONDUCT AND GRAPHIC HARVEST |
| 11.00 | “THE AGE OF THE HEART”: PERSONAL STORIES |
| 12.00 | LUNCH BREAK |
| 13.00 | RESEARCH INSIGHTS |
| 14.30 | COGNITION AND EMOTIONS: OUR EXPERIENCES |
| 15.30 | END |

9.30 - 10.00 WELCOME

This is where the journey begins: join your fellow participants and the programme team for the kick-off of CFA'24, and meet the many beautiful faces of the Academy. Jana and Vicki, from the Berlin School of Public Engagement will give us a warm welcome and take us through an introduction to the programme, the group and the expectations of the Academy. The session will give you some orientation for what is to come, and how we will interact on the digital platforms.

10.00 - 10.45 OUR SHARED SPACE: COMMUNITY CODE OF CONDUCT AND GRAPHIC HARVEST

Our first session is about us as a group, and the space we want to create over the next 3 days. The community code of conduct is a living agreement of how we will work together. Building on the ideas gathered in advance, we will reflect on what they mean for us individually - while getting a first chance to meet other participants.

In the second half, Claire (CareCreative) will introduce us to the graphic harvesting process and the shared resource book we will build. This booklet collects themes and methods from the programme and combines them with your voices and reflections. It is a resource for you to take with you and share your CFA learning with local colleagues and collaborators.

Meet the CFA Team at the end of this programme.



CareCreative is a Cape Town based artist inspired by wild nature and the importance of environmental concerns. Her projects are aligned with the values she cares about – resilience, participation, nurturing integrated, healthy environments & people.

....Tuesday 21 May

11.00 - 12.00

"THE AGE OF THE HEART": PERSONAL STORIES IN ENGAGEMENT

Public Engagement work is heart work as much as head work. In this session we'll be sitting down with three CFA graduates from the class of 2023 and getting personal about the moments of pride, frustration, connection, hope (and everything in between) that have shaped their careers so far. Is allowing ourselves to 'be emotional' in our professional lives always such a bad thing? What happens when we dare to do differently? And where on earth do we start?

The conversation is hosted by CFA Programme Team member Catherine Galloway, a journalist and writer who leads all Innovation and Translation work at the Kavli Centre for Ethics, Science, and the Public. She loves sparking conversations on the things that matter, and her favourite question is "What if...?"



ALEJANDRO MARIN-MENENDEZ (he/him) www.scicling.org

... with degrees in Veterinary & Biochemistry, and a PhD in Microbiology has been devoted to tackle infectious diseases with projects in the Amazons, Kenya & Mali. As an enthusiast of bridging the gap between the scientific and educational communities, he founded 'Scicling' in 2018. This internationally awarded initiative combines two of his passions (Science & cycling) and has offered him the opportunity to engage with nearly 3000 students in three countries.



CAROL MARTÍNEZ CAMACHO (she/her) @ajk.ubal (Facebook)

... is studying for a PhD in education at the University of Canterbury in New Zealand. Her motivation is to communicate science in a culturally relevant way, seeking that in the future knowledge will be generated interculturally and no longer turning its back on other epistemologies and ways of life.



VICTORIA FORSTER (she/her) <http://www.drivickyforster.com/>

...is the lead of patient engagement at Women's College Hospital in Toronto. A cancer biologist by training, she is also herself a cancer survivor, and combines her scientific expertise and lived experience to advocate for better care for cancer survivors. She is also a proficient science communicator who has given a TED talk and has written for outlets including Forbes and The Guardian.

13.00 - 14.15

EMOTIONS IN ENGAGEMENT: RESEARCH INSIGHTS

Why are emotions such an important topic in engagement? How can we better understand the patterns and experiences we know from our practice?

In this session, we will explore the evidence that comes from research in science communication. Our focus will be on three themes: how emotions can create engagement, how they hinder it, and how we responsibly and ethically manage emotions within our engagement practice.

CFA Team members Richard Milne, Head of Research and Dialogue at Wellcome Connecting Science UK and Marina Joubert, Senior Science Communication Researcher at Stellenbosch University, South Africa, will be presenting their research highlights and set a provocation for shared discussion.

14.30 - 15.15

COGNITION AND EMOTION IN YOUR ENGAGEMENT

How can we explore and talk about emotions without getting all emotional? One way is to focus on the cognitive process involved - what happens in our brains and bodies when we experience emotions. This session will explore Klaus Scherer's Component Process Model of Emotion and use the cognitive steps as a way of discussing our emotional responses to engagement.

During this session, you will meet other participants, hear about their work and share your own experiences in small group conversations.



The Cognitions model is introduced by Sarah Cruise, Freelance Facilitation expert and founder of Eloquential, UK. Sarah specialises in human communication and has a trove of knowledge, skills and experience which she uses to train, coach, advise and facilitate.

Wednesday 22 May



CREATING CULTURES OF CARE

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| 9.30 | INTRODUCTION TO THE DAY |
| 9.45 | CULTURES OF CARE: CASE STUDY INTRODUCTIONS |
| 11.00 | CULTURES OF CARE: CASE STUDY CONVERSATIONS |
| 12.00 | LUNCH BREAK |
| 13.00 | REFLECTION AND HARVESTING |
| 13.30 | CHOICE OF CREATIVE WORKSHOPS |
| 15.30 | END |

09.45 - 12.00 "CULTURES OF CARE": CASE STUDIES AND CONVERSATIONS

In this session, you will be hearing from 4 different engagement projects on their approaches to facilitating meaningful connection and managing the emotional dimension of exchange and dialogues.

A GOOD DEATH? (UK)

This interdisciplinary research and impact project explores historical and contemporary beliefs, cultures and practices of death and grief. We use literature and the arts to encourage and facilitate conversations about the end of life. We do this by creating workshops and hosting events for researchers, practitioners, volunteers, the general public, and also those with terminal diagnoses. We also collaborate with creatives such as writers, artists, and games designers to create original new resources.

SENSING FOR JUSTICE (ITALY)

How can artistic and sensorial experiences be a research method to foster participants' deep engagement and embed care in research? What are the implications and challenges of deploying such approaches? The Sensing for Justice project has confronted me with these questions and offered some answers. My talk will share reflections stemming from researching the practice of civic environmental monitoring through slow ethnography, performative methods including a theatre performance and story-telling based on graphic novels.

DIAMONDS ON THE SOLES OF OUR FEET (SOUTH AFRICA)

Emotions are central to transformative learning processes: various reflective and pedagogical activities can activate embodied and emotional learning experiences. Our project builds on current citizen science work, on community groundwater management, to explore transformative learning in Limpopo, South Africa. We use creative and playful methods to connect learners with nature while drawing on their local knowledge and expertise. In this case, the focus has been on engaged learning through an art/science lens to promote water literacy with young learners.

ETHICAL PREPAREDNESS IN GENOMIC MEDICINE (UK)

The 'Ethical Preparedness in Genomic Medicine' (EPPiGEN) project has used artistic and creative approaches to collect stories from families affected by rare genetic conditions. Our aim has been to understand their hopes, expectations, and worries. We have worked in partnership with a group of families affected by rare genetic conditions to think imaginatively and critically about how accounts of patient experience can be collected, collated, curated, and disseminated.

13.30 - 15.30: CREATIVE WORKSHOPS

You have a choice between three workshops, which look at different ways of connecting in a caring way. Please sign up [here](#) for your preferred session by 13.00 on 21 May.



TINY BOOKS

Claire Rousell (She/her/they)
@stories_of_seed on IG

The TinyBook methodology emerged from the work of Dylan McGarry and the Transgressive Learning Network. It democratizes complex knowledge systems, connecting intuitive and embodied forms of knowing with academic theory. In this workshop you will learn how the methodology works and make a mock-up of your own TinyBook. You will leave the session with the tools to fine tune and reproduce your TinyBook.

Claire is a weaver of stories of plants and seeds. An illustrator, crafter, researcher, poet and brewer of healing herbs. She collects and connects ancient and new knowledge to imagine and co-create futures of mutual thriving.



LITERATURE IN ENGAGEMENT

Dr Laura Davies (She/her)
@what_death on X

This workshop will demonstrate two approaches that the 'A Good Death?' project uses in its workshops for outpatients and staff at a hospice. We will work with poems and an excerpt from a play to see how literature practice can open up new perspectives and connections in a caring way. These principles and tools can bring meaningful reflection to your own work in a wide range of topics and settings.

Laura is a lecturer in English literature and the Project Lead for the 'A Good Death?' project, which uses literature and the arts to encourage and facilitate conversations about death and bereavement. Since 2018 the project has developed workshops for end of life care practitioners and volunteers, hospice patients, and the general public.



NERVES, CONFLICT AND HUMOUR IN ENGAGEMENT

Anita Waltho (She/her)
@WalthoAnita on X

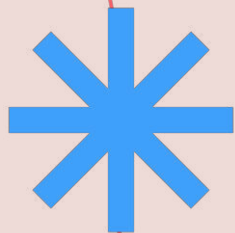
Do you get nervous when you stand on stage? Does potential conflict in public settings make you wary? Do you want to play with humour but you're not sure where to start? Join this interactive workshop to explore the emotions we encounter when we are working live with a public. We'll cover techniques against performance anxiety, active listening and de-escalation, and basic joke-writing prompts as strategies for connection.

Anita is a molecular biologist, science communicator and comedian based in Berlin. She has presented her research at science slams like FameLab, has worked behind the scenes on outreach events like Soapbox Science and loves to engage audiences through humour with stand-up comedy and improv theatre. Anita's mission is to support fellow researchers in public engagement through connecting and entertaining formats.

Thursday 23 May



MEANINGFUL CONVERSATIONS



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|-------|--|
| 9.30 | INTRODUCTION TO THE DAY |
| 9.45 | MEANINGFUL CONVERSATIONS: TRUST AND EMOTIONS |
| 11.00 | MEANINGFUL CONVERSATIONS: RELATIONAL MEETINGS |
| 12.00 | LUNCH BREAK |
| 13.00 | FORUM THEATRE |
| 15.00 | HARVEST AND CLOSE |
| 15.30 | END |

9.45 - 12.00

MEANINGFUL CONVERSATIONS: TRUST AND EMOTIONS IN ENGAGEMENT

How do we build trust so that people can express their true emotions about research? Simply being an expert, sharing and discussing knowledge isn't enough. We need to also communicate our integrity, authenticity and emotional intent. Show care for and interest in the people we engage with. This will help us navigate through exploratory conversations to identify opportunities and build relationships.

In this practical session we'll focus on communication and learn tools from the field of community organising, such as relational meetings. With these, we can develop our own public narrative that support meaningful conversations in engagement. We will practice these in the format of 7 minute conversations.

The session will be hosted by CFA Programme Team member Lucy Spokes, Head of Engagement at the University of Cambridge, together with communications expert Sarah Cruise. The perspective of community organisation comes from Albinia Stanley.

ALBINIA STANLEY (she/her)



... is a community organiser in Southwark, London with South London Citizens. Citizens UK is the UK's biggest, most diverse, most effective people powered alliance. It brings together people and local organisations using the power or relational meetings to build a fairer society.

....Thursday 23 May

13.00 - 15.00
FORUM THEATRE

Forum Theatre takes its origins from the Theatre of the Oppressed as a format to address issues of social justice. Spectators view a performance, then step in influence and change it with the view to explore solutions.

Our Forum session is a chance to test out the methods and tools we discovered during this year's CFA. A scene shows a disastrous version of events relating to an engagement setting many of us will be familiar with. When the scene is replayed, it will be your chance to step in and change the course of action. Through reflection together with the actors, new perspectives and possibilities emerge that connect the learning of CFA to your daily practice.



REACT (UK) <https://www.react.co.uk/>

React is a learning and development organisation that uses drama-based methods and professional actors to bring learning to life. We help people and organisations be more successful.

We put experience at the heart of learning and turn theory into practice. As a result, participants gain practical confidence to apply what they learn on an event in their working lives. We have international teams of actors and we work with clients all over the world.

PROGRAMME TEAM



CATHERINE GALLOWAY (she/her)

Innovation & Translation Lead, Kavli Centre for Ethics, Science, and the Public, UK



JACK MONAGHAN (he/him)

Science Engagement and Enrichment Manager, Wellcome Connecting Science, UK



JANA WENDLER (she/her)

Public Engagement Coordinator, Berlin School of Public Engagement, Germany



LUCINDA SPOKES (she/her)

Head of Public Engagement, University of Cambridge, UK



MARINA JOUBERT (she/her)

Senior Science Communication Researcher, Stellenbosch University, South Africa



RICHARD MILNE (he/him)

Head of Research and Dialogue at Wellcome Connecting Science, UK



VICTORIA SHENNAN (she/her)

Deputy Head of School, Berlin School of Public Engagement, Germany

CFA is hosted by



Thank you for participating.